



# WEEKLY EXERCISE

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LET'S DO SOME MATH THIS WEEK !

THIS IS A GREAT CONCEPT TO CREATE SOME INTERESTING 1 BAR FILLS.

TAKE A COUPLE OF FIGURES WITH A SPECIFIC STICKING. FOR NOW, WE GIVE THEM A SIXTEENTH NOTE SUBDIVISION.

FOR EXAMPLE FIGURE :

**A**

R L  
L R

**B**

R L L  
L R R

**C**

R L L F  
L R R F

WE'RE GONNA COMBINE THESE FIGURES IN ONE MEASURE OF 4 QUARTER NOTES, SO THAT'S EQUAL TO 16 SIXTEENTH NOTES.

FOR EXAMPLE : C / C / A / C / A (= 4 + 4 + 2 + 4 + 2 = 16)

R L L F R L L F R L R L L F R L F  
L R R F L R R F L R L R R F L R F

PLAY THE UNACCENTED NOTES AS GHOSTNOTES AND THE ACCENTED NOTES ON YOUR TOMS. NOW CREATE SOME NICE MELODIES.

BELOW YOU FIND SOME OTHER INTERESTING COMBINATIONS

C / B / B / C / A

A / B / A / B / A / C

B / C / C / B / A

A / C / A / C / C

B / B / C / C / A

C / B / C / B / A

ONCE YOU GET THE CONCEPT, YOU CAN BE CREATIVE AND CHANGE STICKINGS, INSTRUMENTATION, GROUPINGS AND EVEN SUBDIVISION. (TRIPLETS, SEXTUPLETS AND QUINTUPLETS ARE NICE TOO)

HAVE FUN AND KEEP YOUR METRONOME AT HAND.

JAN-KRIS